



Complementary Therapy Volunteer

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| Department Overview | Our Complementary Therapy services offers Reflexology, Aromatherapy Massage, Indian Head Massage, Reiki, Clinical Hypnotherapy, Relaxation, Visualisation and Acupuncture. We also offer Clinical Aromatherapy such as chest balms, lotions, aroma sticks and mouth washes. We treat symptoms such as insomnia, breathlessness, pain, itchy skin, panic attacks, nausea, anxiety, sore mouth, fatigue, emotional distress, relaxation and provide support for carer strain. |
| Organisation Overview | St Gemma's Hospice is one of the largest hospices in the UK. The Hospice provides expert palliative and end of life care for thousands of people in Leeds each year across our community, in-patient and day services. It is a prominent and respected charity at the heart of the local community. St Gemma's welcomes and provides care to everyone regardless of people's age, gender, disability, race, religion, sexual orientation or diagnosis. Our care is always completely free of charge |
| Location of Position | St Gemma's Hospice, 329 Harrogate Road, Moortown, Leeds, LS17 6QD |
| Time commitments | Our service operates Monday to Friday. We are looking for support for 3-5 hours, flexible times, throughout the day. |
| Description of the tasks | Clinical Responsibilities <ul style="list-style-type: none"> Provide treatments either on the ward or in our outpatient therapy rooms for patients and their carers' as directed by the Complimentary Therapy Lead. |

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| | <ul style="list-style-type: none"> Assess the individual needs of patients and clearly communicate to them the preferred course of complementary therapies to suit their needs. Inform patients, carers' and staff about the benefits and side effects of complementary therapies as appropriate. Work in collaboration with the other members of the multidisciplinary team, in order to ensure the provision of the highest quality of care. Reinforce with all patients, carers' or other stakeholders that all complementary therapies provided are not an alternative to orthodox treatment and are used to support patients through conventional treatment. Provide feedback, including physical or emotional condition and any adverse effects, to the patient's team and the complementary therapy lead (or delegate) and document in the multidisciplinary and complementary therapy notes. Maintain agreed standards of care, integrity and dignity of all people attending the complementary therapy service. <p>Administrative Responsibilities</p> <ul style="list-style-type: none"> All our patient notes are electronic, all volunteer practitioners are required to complete their documentation using SystmOne and Excel handover sheets. Fulfil all measures issued under St Gemma's policies; written information for patients, informed consent, equipment, materials and the maintenance, storage and confidentiality of patient records. |
| Skills and Qualification | <p>Essential</p> <ul style="list-style-type: none"> This role involves working closely with patients who have a palliative diagnosis and their families and carers. Their needs are often complex and sensitive, you will have the ability and resilience to cope with strong and deep emotional situations. Maintain own professional registration. IT skills: Word, Email, Excel. <p>Desirable</p> <ul style="list-style-type: none"> Use of SystmOne. |
| St Gemma's Values & Behaviours | <p>St Gemma's has a set of values and behaviours to improve the experience for our patients, staff & volunteers. This means that in undertaking this role you are expected at all times to behave in a way that demonstrates commitment to the delivery of thoughtful care to all and continual improvement in line with the values of Caring, Aspiring & Professional.</p> |
| Training and Support (add any specific training for your department) | <ul style="list-style-type: none"> Volunteers will be provided with a comprehensive training booklet which will be used during the induction process All volunteers are offered our Hospice induction program to meet members of the Leadership team and find out more about the Hospice |

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| | <ul style="list-style-type: none"> • Regular training updates in-line with the development of the role • Regular volunteer events to share ideas and socialise with volunteers and staff. • Activities are supported by Hospice staff during the sessions. |
| Reimbursement of expenses | If you volunteer for four hours or more in one day, then we can offer expenses for lunch or travel, up to agreed maximum levels |
| Benefits to the volunteer (please remove any not relevant and add additional benefits for this role) | <p>By volunteering with St Gemma's Hospice you will:</p> <ul style="list-style-type: none"> • Be part of a supportive, social environment. • Meet friends and get to know people from the local community. • Support a local charity. • Share your skills or develop new ones. • Training support in line with your volunteer role. • Be invited to join our volunteer thank you events and hear about how your volunteering time supports the Hospice. |
| Application procedure | Please fill in the application form via our website Search Jobs (current-vacancies.com) or if you require assistance to fill in your application form please contact the Volunteer Services Team volunteering@st-gemma.co.uk or call 0113 2185193. A DBS check will be required for this post. |
| Contact information | If you would like further information on this opportunity please contact Kathryn Almond, Complementary Therapy Lead on 0113 218 5511 or email kathryn.almond@st-gemma.co.uk |