

Job Title	Case Worker
Service	Effro
Salary	£24,242.40
Hours	37 with the occasional need for evening work. (Part time hours will be considered).
Contract	Fixed term until 31/03/27
Responsible to	Project Manager – Effro
Location	Throughout the operational area of Effro (Cwm Taf Morgannwg health board and Cardiff and the Vale Health board) and surrounding areas
Base	Cwm Taf Morgannwg health board and Cardiff and the Vale Health board Platform offices.

About Platform

At Platform we have a vision of 'sustainable wellbeing for all'. It's a big vision in a big and complicated world, but one that we are passionate about. We work alongside people experiencing challenges with their mental health, and with communities who want to create a greater sense of connection, ownership, and wellbeing in the places that they live. We are part of a growing movement of people and organisations who do not believe society's current 'helping' systems are fit for purpose. We know that these systems require radical change in order to really contribute to our shared vision of 'sustainable wellbeing for all.' We are testing and developing an asset based, trauma informed and healing focused approach to our work, as a response to the deficit based, traumatising and often damaging approaches experienced by many people when seeking help.

Effro Overview

Effro is an innovative dementia project which is part of Platform for Change. It seeks to promote and support the benefits of physical activity and mental stimulation in slowing the progression of a range of conditions that are under the dementia umbrella. Building on a range of UK and international approaches we work in a person centred, individual way to help people living with dementia to regain a sense of their own identity whilst offering vital short-term respite to those who care for them. Effro offers a range of training and advice to professionals and the public to help them better understand dementia and support those living with it.

Case Workers in the Effro project have a wide ranging and diverse role, 2 days are rarely the same, you will be in the dementia community supporting individuals on a 121 basis to identify goals, draw up a bucket list and remain as physically active as possible. You will

build relationships with the individual living with dementia and be able to spend quality time with the in pursuit of their goals.

Groups are carried out wherever there is a community of people living with dementia, primarily, but by no means limited to, nursing/residential home settings.

Case workers will receive role specific training from our in-house training team as well as having access to a wide range mandatory and optional organisational training.

Quote from current caseworker:

“Every day is different, it is a pleasure and a privilege to meet so many amazing people with so much knowledge, skill and expertise to share. Groups can be busy and varied but are always fun.”

Job Purpose

- To provide a range of social, emotional and practical support for people experiencing dementia, primarily focused on increasing physical activity/mental stimulation and supporting individuals to set creative and ambitious goals for their support activities.
- To explore and develop meaningful, purposeful and relevant activity action plans in conjunction with the individual and their family/primary carer where present.
- Provide a range of one to one support to beneficiaries in furtherance of individual and project aims.
- Work with the Effro Project team to recruit, train, mentor, supervise and support a team of volunteers
- Facilitate and support group work activities and provide advice on reminiscence activities as well as cognitive stimulation therapy to Service Users and Volunteers.
- Participate in awareness raising events to promote a positive approach to dementia diagnosis and living with dementia.

Role Expectations:

Service Delivery

- To promote referrals into the service and carry out initial assessments to ensure suitability for the project.
- To assess, develop and review goals and safety on a quarterly basis.
- To carry out assessments of need and develop and review activity plans to be used with beneficiaries.
- To develop appropriate risk management plans with individuals being supported and families.
- To provide support directly to beneficiaries as necessary and appropriate.
- To case manage all beneficiaries allocated to you and the volunteers you are supporting.

- To ensure that all relevant paperwork for beneficiaries and volunteers is maintained and up to date.
- To ensure the In Form database system is properly maintained and up to date (in relation to beneficiaries you support).
- To ensure appropriate support is provided to beneficiaries to help them achieve goals set, and to review and update plans accordingly.
- To work within agreed models of support.
- Provide emotional support and practical guidance to unpaid family carer's
- Mentoring of volunteers.
- The ability to work flexibly and adapting your approach to meet the needs of individuals
- The ability to use own initiative and respond appropriately in difficult situations
- To become a dementia Ambassador and support the delivery of dementia friends awareness
- To have due regard to safeguarding and health and safety issues.
- Participate in events that raise awareness of dementia prevention and promote the Effro approach after diagnosis.

Liaison

- To provide dementia appropriate activities and advice to beneficiaries and volunteers.
- To forge links with the Local Health Board, care homes, day centres, community centres and similar settings to develop partnership opportunities for running group based activities.
- To develop links with local charities, local businesses, training providers and other specialist support providers in pursuit of project aims.
- To work with beneficiaries and their carers to identify goals and aspirations.
- To liaise with other Platform services and appropriate external organisations to identify opportunities to meet needs and aspirations of beneficiaries and carers
- To share knowledge and skills with other Platform services and partner organisations as appropriate.
- To identify and provide access to more specific advice and assistance as required.

Administration and Quality

- To ensure that all case notes are maintained as accurate and up to date.
- To ensure that colleagues are kept up to date with all relevant information.
- To produce reports as requested within area of responsibilities.
- To ensure that key information and outcomes are recorded.
- To ensure that IT systems are used effectively and in line with organisational procedures – e.g. Use of e-mail and the In Form database systems.
- To ensure that all information relevant to Group activity sessions undertaken is collected completed and uploaded.
- To provide all relevant information to head office and external organisations as required.
- The ability to manage own diary

Policy

- To comply with and support Platform’s equal opportunities policies and procedures.
- To keep up to date with Platform’s policies and procedures.
- To comply with and promote Platform’s health and safety policies and to work within legislative guidance of the Health and Safety at Work Act.
- To comply with Platform’s safeguarding procedures at all times.

Organisation Expectations

To carry out all duties in a manner that reflects Platform’s values.

Platform is connected, compassionate, brave and curious.

Connected: A sense of connection is fundamental to wellbeing.

That includes feeling connected with people, places, communities, nature, supportive organisations, and the wider world.

To encourage connection we are authentic, open and honest – and treat everyone as equal.

Compassionate: We believe everyone should be treated with compassion, so kindness and empathy sit at the heart of our trauma informed approach.

We do not judge, or suggest we know how people feel – instead, we value individual differences, and give lived experience the respect it deserved.

Brave: We are bold in challenging the current paradigm in mental health culture. We’re not afraid to swim against the tide, we expect and accept resistance to change, but we trust our intuition and will be disruptive and determined in securing change for the greater good.

Curious: We’re always interested in people’s ideas and experiences, and see our work as a continuous learning curve. We ask questions – and question the answers – as part of a wider social movement exploring new approaches to sustainable wellbeing.

Person Specification

	Essential	Desirable	Assessed through
Experience			
Experience of working in the health and social care field, providing support, assistance and advice to individuals	<input type="checkbox"/>		Application/Interview
Experience of working with people affected by dementia		<input type="checkbox"/>	Application/ Interview
Experience of delivering support in group and individual settings.		<input type="checkbox"/>	Application/Interview
Experience of providing support to people in the community, including in people’s own homes.		<input type="checkbox"/>	Application
Experience of liaising with statutory and health services		<input type="checkbox"/>	Application
Experience of delivering group work in a diverse range of settings			Application/Interview

Ability to work well as a team and use own initiative	<input type="checkbox"/>		Application/Interview
Qualifications and skills			
Qualification relevant to the work		<input type="checkbox"/>	Application
Full current driving licence and access to your own transport	<input type="checkbox"/>		Application
Ability to communicate in Welsh		<input type="checkbox"/>	Application
Ability to communicate in more than one language			Application
IT skills including basic word processing and use of databases to input information, Microsoft office packages	<input type="checkbox"/>		Application/ Interview
Knowledge and Understanding			
How Dementia can affect an individual's life	<input type="checkbox"/>		Application/ Interview
The range of services available to people living with dementia	<input type="checkbox"/>		Application/ Interview
Knowledge of welfare/benefits system		<input type="checkbox"/>	Application/ Interview
How health and social care services can contribute to people's lives	<input type="checkbox"/>		Application/ Interview
Ways to involve service users in the further development of the project	<input type="checkbox"/>		Application/ Interview
Dementia friends awareness session completed		<input type="checkbox"/>	Application/ Interview
Understanding of cognitive stimulation therapy and reminiscence therapy approaches			Application/Interview

For enquiries or further information, please contact Rob Mcmillan on 07887 945396.